

Parents and caregivers are ultimately responsible for educating their children about serious issues and dangers. Studies show that Children as young as grade two are being exposed unknowingly to pornography via online social media, books and television.

Viewing pornography is dangerous and can trick a person's brain into wanting to see more, developing a serious addiction. Having an addiction involves two parts of the brain, feeling and thinking. Children need to be educated on how to make good choices vs. bad choices.

Children are safer when they are proactively warned and empowered to reject the dangers of pornography and addiction.

Resources are available to support parents and caregivers in discussing the dangers of pornography addiction.

Ages 9 & Up: (Book)

*Wonderfully Made! Babies: A Catholic Perspective on How and Why God Makes Babies.* Ellen Gangiordano with Dr. Lester Ruppertsberger, *English & Spanish*. Parents as the primary educators of our children need to convey to them the beauty of God's design of our sexuality and teach them the wonder of God's plan for marital love. By learning correct names for body parts and that our bodies need to be respected and protected, is the beginning of showing children that they are wonderfully made and that respect and dignity for the human person starts with them.

*Good Pictures Bad Pictures: Porn-Proofing Today's Young Kids* (Book)

By Kristen A Jenson and Gail Poyner, Glen Cove Press, 2015 (ISBN:0615927335) (ISBN13:9780165927336) For ages 4 and up

*Imagenes Buenas, Imagenes Malas: Protegiendo a los mas pequenos contra la pornografia*

*Protecting Your Family Online, A Parent's How-To Guide*, A booklet and dvd resource to help parents learn how to protect their children from inappropriate material on the Internet and from cyber bullying.

*What You Do Online Impacts Your Life Offline*, A booklet and dvd for parents on how to create an Internet safety plan for your home.

*The Porn Phenomenon, The Impact of Pornography in the Digital Age*, A book for parents which discusses:

- Statistics on porn use and views about porn among key age and faith segments

- An overview of scholarly research on porn's effects on individuals, relationships and communities
- Insights from experts and ministry leaders on what the data means for culture and the Church

DVD 1208 Covenant Eyes – Accountability and Filtering Software  
 1-877-479-1119 [www.cmgpurent.org](http://www.cmgpurent.org) [www.covenanteyes.com](http://www.covenanteyes.com)  
*Safe Haven Starts at Home* DVD 20 minutes: Shows parents talking to children about pornography.

DVD 1209 Covenant Eyes *Unfiltered*– Equipping Parents for an ongoing conversation about Internet Pornography. (Parent workshop DVD and Guide book) Could also be used at a parent meeting.

DVD 1210 *Informed-Integrity Restored* 4 DVD's addressing pornography  
 1. Dr. Peter Kleponis "Integrity Starts Here" 2. Fr. Sean Kilcawley "The Porn Plague: Theological Perspectives" 3. Matt Fradd "Parenting in the Internet Generation" 4. Ron DeHaas "The Barna Study: What are the Facts, Just the Facts" Includes study guide. ([www.integrityrestored.com](http://www.integrityrestored.com))

USCCB website: Create in Me a Clean Heart: A Pastoral Response to Pornography.

If you or a loved one needs counseling contact Andrew J. Sodergren, Psy.D.  
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 45248 PH: 513-407-8878