

Human Sexuality

Catholic parents have a great challenge in today's age where volumes of information on human sexuality, or sex education, are readily available online. It is the duty of parents as the primary educators of our children to convey to them the beauty of God's design of our sexuality and teach them the wonder of God's plan for marital love.

By learning correct names for body parts and that our bodies are to be respected and protected, is the beginning of showing children that they are wonderfully made and that respect and dignity for the human person starts with them. Professionals recommend that parents teach the correct names for body parts before the end of Grade 3. This includes the names of private body parts such as vagina and penis. Otherwise, children learn incorrect names from their playmates. An adult can easily dismiss a report if the child is not using correct language. "My dad ate my cookie last night" is a call for help that can easily be missed.

The following resource is available from the Office of Catechesis and Formation. It is written for parents to discuss with children ages 9 and up. (859-392-1500)

"Wonderfully Made! Babies: A Catholic Perspective on How and Why God Makes Babies" By Ellen Giangordano with Dr. Lester Ruppertsberger, 2014 (ISBN Number: 9781491078181)

"Hechos Maravillosamente! Los Bebes: Una Perspectiva Catolica en Como y Por Que Dios Hace Los Bebes" (para ninos de 9 anos en adelante)