

Diocese of Covington Safe Environment Curriculum

Grade 8 - Topic: Personal Safety and the Necessary Skills to Remain Safe (Part 2)

Grade 8

Approximate Time: 20-30 minutes.

Learning Outcomes
<ul style="list-style-type: none"> • Explain the importance of feeling safe at all times and being able to recognize unsafe situations. • Describe the need for personal responsibility in making moral choices that foster growth in the Christian life. • Assertively respond to unsafe situations. • Affirm and recognize internal cues (feelings) which indicate discomfort and stress in certain unsafe situations. • Demonstrate skills in dealing with aggression and anger. • Designate a trusted person in each of the places one spends a significant amount of time.

Teaching/Learning Strategies
<ul style="list-style-type: none"> • Review Ten Commandments. • Practice using "I" statements and assertive responses in role plays to gain confidence in responding positively to anger, conflict, and bullying. • Role Play their response to safeguard against sexual abuse. • Make a list of trusted persons. Have them name a reason they trust that person. • Create a set of standards for safe and positive Internet use.

Values & Attitudes	Resources & Materials	Assessment
<ul style="list-style-type: none"> • Living our Catholic values takes courage. • Created in the image and Likeness of God. • Respect for self and others. • Our dignity as God's creation is at the center of positive efforts in interpersonal expression. • Alert to a need for help developing appropriate trust by following instincts and trusted feelings. 	<ul style="list-style-type: none"> • Ten Commandments • Created in the Image of God: Isaiah 49 and Genesis 1:27 • Loved by God: Matt. 19:13-15. • <u>Rules for Safe Communication on Social Networks</u> (Archdiocese of Galveston-Houston,2012) • <u>Grooming(Ways Adults Can Manipulate You on the Internet)</u> (Archdiocese of Galveston-Houston,2012) • <u>Child Lures: What Every Parent and Child Should Know about Preventing Sexual Abuse and Abduction</u>, Kenneth Wooden. (Resource book) • Chart paper for class. 	<ul style="list-style-type: none"> • Describe the circle of family and friends who constitute their safety supports. • List safety precautions and rules they follow to protect themselves. • Role-play situations to give positive responses. • Demonstrate good judgment in his/her circle of friends.

Special thanks to those who worked on this lesson plan:

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Jennifer Ledonne, St. Mary, Alexandria

Patti McCane, Immaculate Heart of Mary, Burlington

Remember that a notice must be sent home to the parents PRIOR to the lesson occurring. Please make sure to send any "opt out" forms to the Office of Catechesis and Formation. A letter also goes home to the parents AFTER the lesson is complete.

1. Open with prayer of thanks for what a special creation each of us is.
2. Read Isaiah 49 and Genesis 1:27 and Matt.19:13-15.
3. Review Ten Commandments and focus on positive statements. (If directly continuing from Lesson One, connect to social media. What issues were listed there?)
4. Discuss situations that have made you feel in danger. List problems on board or paper.
5. Share the Grooming ways from handout on Lesson One. Read over rules for Social Media from Lesson One.
6. How do we /should we respond? Use scenarios to role play. Handout
7. Form a list of trusted persons. List one reason they are trusted. *(When asking the students to make a list of whom they trust –be vigilant about whom the students identify and sometimes even more importantly **whom they don't identify**...Remember, most perpetrators of sexual offenses are family members or friends of the family.)*
8. Closing Prayer to St. Isidore of Seville, patron of Social Media

All: “Almighty and eternal God,
who created us in your image
and called us to seek after all that is good, true and beautiful,
especially in the divine person of your only begotten Son,
our Lord Jesus Christ,
we ask you through the intercession of Saint Isidore
that during our journeys through the internet
we will direct our hands and eyes only to that which is pleasing to you
and treat with charity and patience all those whom we encounter.
We will remember to combine learning with holiness
and keep always as a guide the Commandments you gave us.
Through Christ our Lord. Amen”