Diocese of Covington Safe Environment Curriculum

Topic: Appropriate Behavior Based on Personal Dignity and Respect for Others Part 1

Approximate Time: 20-30 minutes.

Learning Outcomes

- Affirm that we are created in God's image and that the dignity of each person guides Catholic moral choices.
- Appreciate the gifts and differences in others.
- Distinguish between acceptable and unacceptable behavior in school and in public, and the need to avoid anyone who fails to respect us as children of God.
- Describe the need for personal responsibility in making moral choices that foster growth in Christian life.

Teaching/Learning Strategies

- Review Beatitudes as the summary of Jesus' teaching. Ask the students to apply beatitude teachings to their lives today, in present day culture.
- Relate 10 Commandments to Beatitudes.
- Role play their response to situations which entice them into the realm of disrespect, danger and possible harm.

Values & Attitudes	Resources & Materials	Assessment		
Self-respect in	Teacher Resource: Catechism of	Write responses to:		
relationships.	the Catholic Church.	 What are some issues 		
	m P 1 (14 5 0 40)	in our society that		
 Appreciation of other's gifts. 	The Beatitudes(Matt.5:3-12)	challenge our belief in the sacredness of all		
	10 Commandments.	life?		
Avoid bullying behaviors.		me.		
3	Positive Form of Commandments	 What messages do 		
• Self-awareness.		some current movies,		
		TV, music videos		
		convey about the Catholic values we are		
		learning?		

Special thanks to those who worked on this lesson plan:

Anita Dunn, St. Agnes, Ft. Wright

Jennifer Ledonne, St. Mary, Alexandria

Patti McCane, Immaculate Heart of Mary, Burlington

Remember that a notice must be sent home to the parents PRIOR to the lesson occurring. Please make sure to send any "opt out" forms to the Office of Catechesis and Formation. A letter also goes home to the parents AFTER the lesson is complete.

- 1. Open with prayer thanking God for how special each was created.
- 2. Read the Beatitudes from Matt.5:3-12.
- 3. Discuss relationship of Beatitudes to Ten Commandments.
- 4. Continue discussion in terms of how they see behaviors that violate the respect of others: Bullying, etc.
- 5. Have students write responses to the scenario questions. Then share.
- 6. Close with prayer.

Scenarios for Safe Communication on Social Networks

Discuss	possible res	ponse using th	he handout	for safe	communication	on social	networks.

One of the scenarios will be assigned to your group (10 minutes).

- A) You receive a request on a social network from someone who claims to be a friend of one of your friends. You say yes and then start chatting with that person. She says she is your age and lives in a nearby town. You find out that you both like the same band. She wants your address so she can send you a copy CD of your favorite songs. When you say no to giving your address, she suggests you meet at a nearby fast food restaurant. What do you do?
- B) You want to create a personal profile on a social networking site. You want it to reflect who you really are. What information can you put on it? What should you avoid putting on that site?
- C) Someone you know from school has posted some negative information about you on a web site. What can you do?

Ten Commandments

- 1. I am the Lord your God: you shall not have strange Gods before me.
- 2. You shall not take the name of the Lord your God in vain.
- 3. Remember to keep holy the Lord's Day.
- 4. Honor your father and your mother.
- 5. You shall not kill.
- 6. You shall not commit adultery.
- 7. You shall not steal.
- 8. You shall not bear false witness against your neighbor.
- 9. You shall not covet your neighbor's wife.
- 10. You shall not covet your neighbor's goods.

Positive Form of the Ten Commandments

- 1. We honor God as Creator. We praise him and would never put anything else in His place in our lives.
- 2. We always show reverence and honor to God, so would never use his name in a disrespectful way.
- 3. We remember to worship God by participating at Sunday Mass, and through that we give honor to ourselves, as well, by resting, praying, being part of a faith community and doing good deeds for others.
- 4. We respect our parents and their authority. We also give that same respect to those who are given authority over us as long as they protect and care for our good.
- 5. We respect life as being sacred in all its forms which has dignity and beauty.
- 6. We respect the family and our part in family life. We respect marriage as being the place for sexual relationship. We respect our own bodies and those of others.
- 7. We respect the property of others.
- 8. We respect others by being honest and truthful. We do not gossip or try to harm others' reputations.
- 9. We respect our relationships and the relationships of other people.
- 10. We are satisfied with and are grateful for the gifts which we have been given.

BEATITUDES

• Blessed are the poor in spirit; for theirs is the kingdom of heaven.

To be poor in spirit means to depend on God for everything.

• Blessed are the meek: for they will inherit the land.

To be meek means to use God's gifts to help others.

• Blessed are they who mourn: for they will be comforted.

To mourn means to comfort those who suffer.

Blessed are they that hunger and thirst for righteousness, for they will be satisfied.
 To hunger and thirst for righteousness means to share with those in need.

• Blessed are the merciful: for they will be shown mercy.

To be merciful means to forgive those who have hurt others.

• Blessed are the clean of heart: for they will see God.

To be clean of heart means to stay devoted God and to love our neighbors.

Blessed are the peacemakers: for they will be called children of God.

To be a peacemaker means to help bring God's peace to the world.

• Blessed are they who are persecuted for the sake of righteousness, for theirs is the Kingdom of heaven.

To suffer unfair treatment for doing what is right means to carry on Jesus' work in the world.

Rules for Safe Communication on Social Networks

- 1. Only communicate with friends of family you actually have met and know.
- 2. If someone you do not know contacts you or someone you do know makes you feel uncomfortable, break off the communication. You do not owe that person any explanation. Just get off the site.
- 3. Tell your parents about any situation or person that makes you feel uncomfortable, even if it is about a friend. Ask them to help you find ways to avoid similar situations.
- 4. Never, never give out any personal information on-line. No one needs to know your phone number, address, city where you live, or other private information. Your family and friends should already know that! Do not take or share a photograph or write a message that you would not want your Mother of Father to see.
- 5. Not everything you read on-line is true. There is no "truth police" on the web!
- 6. Remember that you are loved and special. If you have a bad day, month...or maybe even a year...remember that God is with you and that there are good people who love and care about you. Find one of them who will listen and respond to your concerns.

Grooming Ways Adults can Manipulate you on the Internet

There are some adults who intend to harm you. Often times, these adults pretend to be someone younger than they are. Or they pretend to be a caring adult who listens to your problems. Here are some of their tricks.

- 1. "Let's go private." They encourage you to set up private ways of communicating, such as instant messaging, texting, private chat rooms, etc. They also may want to know if your parents have the ability to see what you are writing, so they may ask you where your computer is or where you are with your cell phone.
- 2. "What is your favorite band/color/sport's team/..." These questions may lead to their offering you gifts.
- 3. They flatter you, especially if you are feeling bad about yourself. They tell you that you are really smart, pretty, mature, etc. They may even offer you a job.
- 4. "You seem sad. Tell me what is bothering you." They invite you to share your personal feelings and thoughts, especially when you are feeling bad, and respond with sympathy.
- 5. "What is your phone number? Send me a picture." They want personal information so they can locate you.
- 6. "If you don't do what I ask, I will share the pictures that you sent or tell your parents what you are doing wrong, etc." They intimidate you.
- 7. "You are the one and only love of my life." They want you to trust them with your secrets, your personal information. They want to meet you.

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Closing Prayer:

St. Isidore of Seville, Patron of Computers and Internet, Feast Day April 4

Leader:

"St. Isidore lived in Spain and died in 636. As bishop he founded seminaries all over Spain and worked hard to unite the diverse population of his country. St. Isidore combined a spirit of learning and holiness. He understood how loving and understanding could bring a wounded people back together."

Let us pray:

All:

Almighty and eternal God, who created us in your image and called us to seek after all that is good, true and beautiful, especially in the divine person of your only-begotten Son, our Lord Jesus Christ,

we ask you through the intercession of Saint Isidore that during our journeys through the internet we will direct our hands and eyes only to that which is pleasing to you and treat with charity and patience all those souls whom we encounter. We will remember to combine learning with holiness and keep always as a guide the Commandments you gave us. Through Christ our Lord.

Amen"